

# BEHAVIORAL HEALTH FOR CHILDREN AND TEENS

Heading back to school can trigger many different emotions: excitement, nervousness, apprehension. But more and more teens and children are struggling to process and cope effectively.

If your child seems to be struggling, talk to them about it. If you decide on professional support, MDLIVE licensed therapists and board-certified psychiatrists are here to help for children ages 10 and up – all from the convenience and privacy of home.

**MDLIVE**  
**1.844.475.2050**

Help your child navigate life's challenges.

**Available Nationwide— 24 hours,  
7 days a week**

Download the app or visit  
**[mdlive.com/uhealthplans](https://mdlive.com/uhealthplans)**

*See your benefit plan documents  
for associated costs.*



FOR MORE INFORMATION

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